



- Find your itinerary countries on the destination list and learn what you need to know about travel in that region of the world.
- Fill in one sheet with the appropriate information for each country in your itinerary.
- Click in the space to the right of the starred areas below and complete the information necessary.

* Traveler's name:

* Date:

* Region of travel:

* Country:

* List current outbreaks specific to your region of travel: (click below to enter appropriate information)

* Diseases listed specific to your region of travel: (click below to enter appropriate information)

Cholera

Dengue fever

Filariasis

Malaria

Plague

Schistosomiasis

Typhoid fever

Yellow fever

Other: (enter names here)

* Recommended vaccinations from doctor: (click below to enter appropriate information)

* Special precautions for travelers to undeveloped areas: (click below to enter appropriate information)

* Special precautions following your return home: (click below to enter appropriate information)

* Diseases carried by insects: (click below to type information, include insect vector)

Dengue

Malaria

Yellow fever

Vector:

Vector:

Vector:

Other: (enter names here)

* Diseases carried in food & water: (click below to enter appropriate information)

Cholera

E. coli

Hepatitis A

Schistosomiasis

Other: (enter names here)

* Diseases from person-to-person contact: (click below to enter appropriate information)

Hepatitis B

HIV-AIDS

Other: (enter names here)